



2018 Candidate for the Office of President-Elect

Jennifer Egan

Adapted Physical Education Teacher
Macomb Intermediate School District
Clinton Township, MI

Jen Egan's background includes a Michigan Professional Certificate in K – 12 Physical Education, 6 – 12 Health Education, K – 12 Adapted Physical Education and K – 12 School Counseling. She attended Western Michigan University for her undergraduate degree and Oakland University for her Masters. She is a recent graduate of the Gerstacker Fellowship and had the opportunity to study in Poland in Finland. She also received her Director of Special Education Program from Saginaw Valley State University, as well as her K – 12 Administration Certification. Jennifer has served as the President of the Michigan Association of Health Physical Education Recreation and Dance (now known as SHAPEMI) and continues to volunteer her time for the organization. Throughout her career Jen has been recognized with the following accolades: Western Michigan University Human Performance and Health Education Honor Alumni Academy, MAHPERD Adapted Physical Education Teacher of the Year, Midwest AAHPERD Young Innovator Award, ShapeMi Adapted Physical Education Teacher of the Year, Western Michigan University Presidential Scholar, and National Association of Sport and Physical Education Major of the Year – 2003. Jennifer has a passion for the fitness industry that began fifteen years ago during her time at WMU. She had the joy and honor of running the Group Fitness and Personal Training Department. Jen is an AFFA certified instructor and believes given the right tools, adaptations, and motivation every person can live a healthy lifestyle. In her free time Jen enjoys coaching Special Olympics and participating in adventure races.

Vision Statement for SHAPE America Midwest District

As President elect of Midwest Shape America I will lead with integrity, passion, and dedication. I will continue to help define excellence in physical education to create a society where all children and young adults regardless of ability or disability are prepared to live healthy and active lives across the lifespan. I will continue to advocate for the importance of quality physical education in schools, and be a leader and mentor to undergraduate students pursuing a degree in physical education and health. I will promote research and advancement of technology in physical education and health. This is my passion, my motivation, and my dream.

As a young college student at Western Michigan University I always dreamed of being an active leader pursuing my vision of ALL student receiving quality health and physical education. I was exposed to many great leaders from AAHPERD and Midwest District. I understood the importance of professional development and leadership and the impact it has on society and our students. I learned at an early age that SHAPE America and Midwest District were the “Go To” resources for current best practice in these important fields. I expanded my knowledge and grew as a professional from the connections, professional development, and resources provided from the organization.

It is my turn to give back and connect our members across Illinois, Indiana, Ohio, Michigan, Wisconsin, and West Virginia. With the passing of federal legislation ESSA this is a critical time to provide QUALITY professional development to our members. Together we can create change, WE can change the lives of students through education. PE + Health = Student Success. We need to spread this message to stakeholders across the states.

If we could give every individual the right amount of nourishment and exercise, not too little and not too much, we would have found the safest way to health. (Hippocrates)